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PARKOUR

Parkour is a training discipline using movement that developed from military obstacle course training. Practitioners have to get to the finish line in the most efficient way possible. This is done using only the human body without anything. Parkour can include obstacle courses, running, climbing, swimming, vaulting, jumping, rolling ... Parkour is an activity that can be practiced alone or with others. Although it can be practiced in any location, it is usually practiced in urban spaces.







Street luge

- Street luge is an extreme activity that involves riding a board down a road.,
- O It's often done for sport and for recreation. Street luge was born in California as downhill skateboarders found they could reach faster speeds by lying down on their board's
- In 1975, the first professional race was in California. The race winner was based on top speed. The boards used in this race are skate cars in which the rider was completely enclosed by plastic.



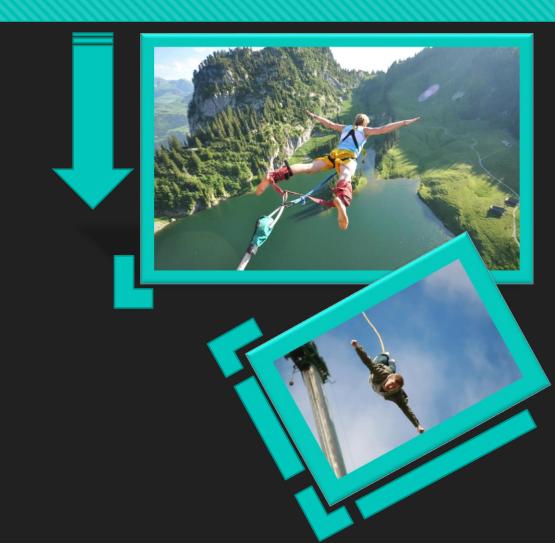




Bungee jumping

Origin

- Bungee Jumping is an activity in which a person is thrown from a high altitude, with one of the points of the elastic rope tied to his body or ankle, and the other end attached the starting point of the jump.
- When the person jumps, the rope runs through what reaches the maximum of elasticity of the rope, then the subject will ascend and descend until the initial energy of the jump disappears.





Motocross Freestyle

Origin

Freestyle Motocross (also known as FMX) is a variation on the sport of motocross in which motorcycle riders attempt to impress judges with jumps and stunts.

The most famous FMX events are: Red Bull X-Fighters, NIGHT of the JUMPS, the X-Games, Gravity Games,...

The riders run and do the jumps in a pitch where there are many different ramps.

Style

The most common jumps are: Backflip, Frontflip, superman, a hero,...But each rider has a personal special jump, that difference from the others







Snowboarding

ORIGIN

Snowboarding is a recreational activity that involves descending and slopes.

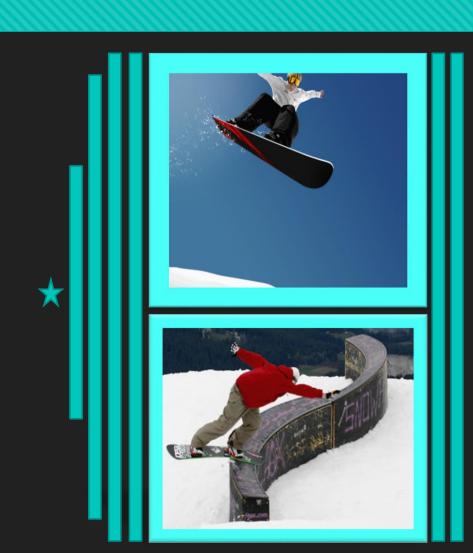
The snowboard is attached using a special boot set into a mounted binding.

The development of snowboarding was inspired by skateboarding, sledging, surfing and skiing.

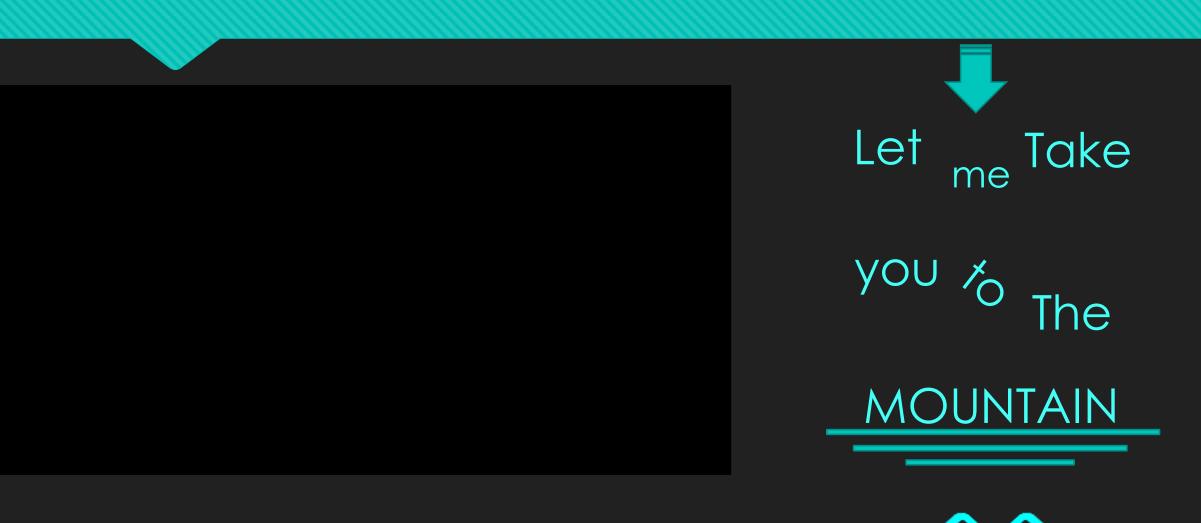
It was developed in the United States in the 1960s and became a Winter Olympic Sport in 1998.

STYLES

The most common styles today are: freeride, freestyle, and freecarve/race.



Snowboard Video





Base Jumping

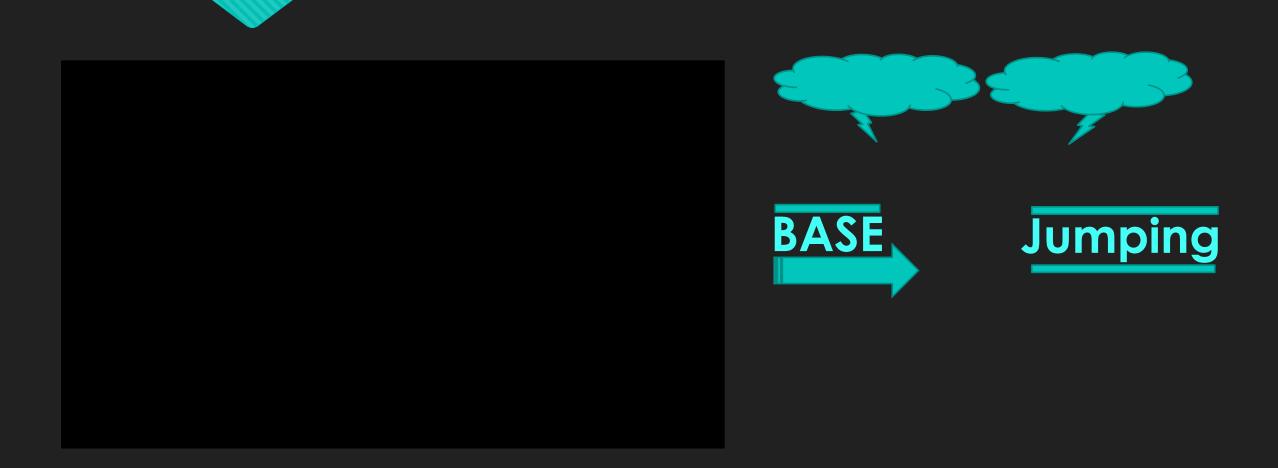
ORIGIN

BASE jumping, also sometimes written as B.A.S.E. jumping, is parachuting from a fixed structure or cliff. "BASE" is an acronym that stands for four categories of fixed objects from which one can jump: building, antenna, span, and Earth (cliff). In the USA, BASE jumping is currently regarded by many as a fringe extreme sports or stunt. In January 2015, the online "BASE Fatality List" records estimated 248 deaths for BASE jumping since April 1981.





Base Jump Video





Mountain Bike

- -Downhill mountain biking is a type of mountain biking practiced on steep, rough terrain that often features jumps, drops, rock gardens and other obstacles.
- -Downhill bikes are heavier and stronger than other mountain bikes and feature front and rear suspension to glide quickly over rocks and tree roots.











WingSuit

Description and Suit

- -Wingsuit is the sport of flying through the air using a wingsuit.
- -Wingsuits are sometimes referred to as "birdman suits".
- -A wingsuit normally ends with a parachute opening.
- It's a suit that has wings in the arms and legs and with those wings, people can glide.







WingSuit Video

